

## British Age Group Categories (BAGCATS)



Age	Boys		Girls	
<b>County Age Groups</b>				
<b>10 years</b>	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	200 free	Distance	200 free
	IM	Best* 100/200 IM	IM	Best* 100/200 IM
<b>County and District Age Groups</b>				
<b>11 years</b>	Sprint	Best 50m	Sprint	Best 50m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	200/400 free	Distance	200/400 free
	IM	Best* 100/200 IM	IM	Best* 100/200 IM
<b>County District and National Age Groups</b>				
<b>12 years</b>	Sprint	Best 50m	Sprint	Best 50m
			100s	Best 100m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	Best** 200/400/800 free	Distance	Best 200/400/800 free
	IM	Best* 100/200 IM	IM	Best* 100/200 IM
<b>County District and National Age Groups</b>				
<b>13 years</b>	Sprint	Best 50m	Sprint	Best 50m
	100s	Best 100m	100s	Best 100m
	Form	Best 200m form stroke	Form	Best 200m form stroke
	Distance	Best 200/400/1500 free	Distance	Best 200/400/800 free
	IM	Best* 100/200/400 IM	IM	Best* 100/200/400 IM
<b>County District and National Age Groups</b>				
<b>14 years</b>	Sprint	Best 50m	See Note 3	
	100s	Best 100m		
	Form	Best 200m form stroke		
	Distance	Best 200/400/1500 free		
	IM	Best* 100/200/400 IM		

\* The 100m IM is only applicable to County & District events staged in a short course pool

\*\* The 800m freestyle for boys is optional - it may be included as a link to 1500m freestyle

Notes:

1. Recommended for introduction in 2001;
2. Definitions: [see Glossary of Terms](#)
3. Girls 14 years & over and boys 15 years & over will start to specialize in individual events and awards  
will therefore be given accordingly