



Backwell Swimming Club

July 2003

**Richard
Trinick**
Club
Chairman

to a sport that I have always enjoyed. I was quite surprised how easy it was and how welcome I felt. It allowed me to participate more fully in the sport of swimming that all my kids have enjoyed and left me with more than the illusion that I have helped.

This letter is a personal invitation to anyone out there who would like to help us run our local Swimming Club. To become a helper the only pre-requisite is some relevant experience with swimming and children. Where necessary a very brief course is undertaken. You can also train to be an Assistant Teacher. The Club sponsors all the fees for Helpers' and Teachers' courses, with a contribution from Sports West.

It may be that you would prefer to join us on the Committee. Perhaps you have special experience or skills to contribute. We are also looking for help with organising special events such as Speedo Galas or the Club Championships.

It would be a great help to us to have more people, as I have described. New arrivals will be welcome and helped. This is a good local Club dedicated to swimming and its members. Come and join us!"

"BSC has progressed well this year under a new Coach, Andy Daniel. Jill Richards as Headteacher and her small but solid core of dedicated Teachers have reorganised the Club to align it with National teaching criteria. Much work has gone on behind the scenes, establishing a Child Protection policy, setting up a website, entering more galas, and planning social events and currently, a training weekend. The fact remains though that we need more parents to volunteer their time to help.

We need some new blood in the form of more Teachers or Helpers at poolside and new members to serve on the Committee.

Personally, my family and I have benefited from the membership of various Clubs. Until my involvement with Backwell Swimming Club, I was not a great contributor to the running of organisations. However, when asked to become involved I felt the time was right to contribute

NEWSLETTER

Other Club Items

Competitive Swimming 2003



Kevin Hall
Gala Secretary

“The beginning of March saw the start of the **Somerset County Championships.**

Everyone was determined to be in the best possible shape to do well. Following on from the success at last year's events, we had a large number of swimmers competing across all age groups. **Overall the swimmers achieved 37 PBs between them.**

If the Speedo League is the main team event of the autumn, particularly for the competitive squad, the Somerset's provide a real opportunity for all of our swimmers to compete against other swimmers of a similar standard. It was competitive but good fun and I would recommend that everyone ensure that they keep the weekends in March 2004 free so as to be able to compete next year.

BSC Club Championships

As we know, the Club is all about the swimmers. I try to arrange a broad range of Galas, some competitive, some a little less so.

It is fitting therefore that the final event of the year is the Club Championships themselves. This gives all of our swimmers the opportunity to compete, with the added spice of racing against their mates who they've been training with all year round.

It was a little disappointing therefore to see so many of our swimmers deciding not to take part. Out of more than 110 members, only about half of that number participated. This is a great event and I would encourage everyone to have a go next year.

Of those who did compete, we had a number of excellent swims, notably:

Lucy Bryan
25m Freestyle
Sophie Woodford
50m Backstroke
Jo Hall
100m Breaststroke
Alex Neale
50m Butterfly.

A total of 16 championship best times were recorded with a total of 248 PBs being swum. Wow!

My personal congratulations go out to all of the Age Group Champions, namely:

Haley James
Nicola James
Emily Hall
Lorna Woodford
Holly Whitty
Sam Hood
Sam Neale
Chris James
Keith Harbord
James Aldington

Next Season

will be here before we know it so please remember the evening of

September 6th

Backwell Swimming Club

AGM

Presentation Night

Free food and Disco!

Please join us to cheer the children and dance 'til late!

September 6th 2003

Grove Leisure Centre
Nailsea

6.00 p.m. onwards